

CURRICULUM VITAE

KARLA O'DELL

PERSONAL INFORMATION:

Work

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Home

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EDUCATION AND PROFESSIONAL APPOINTMENTS

EDUCATION:

1999-2003

*Bachelors of Science, Major: Biopsychology, Minor: History
University of California, Santa Barbara, CA, Summa Cud Lude*

2004-2008

*Doctorate of Medicine, Keck School of Medicine, University of Southern California,
Los Angeles, CA, Graduation with Highest Distinction*

POST-GRADUATE TRAINING:

2008-2013

*Residency: Otolaryngology Head and Neck Surgery Los Angeles County-
University of Southern California, Keck School of Medicine
Los Angeles, CA*

2013-2014

*Fellowship: Laryngology and Care of the Professional Voice,
Oregon Health Sciences University
Portland, OR*

ACADEMIC APPOINTMENTS:

2014- present

Assistant Professor

*Department of Otolaryngology- Head and Neck Surgery
Keck School of Medicine
University of Southern California
Los Angeles, CA*

2013-2014

Clinical Instructor

*Department of Otolaryngology-Head and Neck Surgery
Oregon Health Sciences University
Portland, OR*

HONORS, AWARDS:

2018-2019	<i>Top Doctor</i>	<i>Pasadena Magazine</i>
2017-2018	<i>Rising Star, Super Doctor</i>	<i>Super Doctors, Los Angeles, CA</i>
2016-2017	<i>Top Doctor</i>	<i>Pasadena Magazine</i>
2016-2018	<i>Rising Star, Super Doctor</i>	<i>Super Doctors, Los Angeles, CA</i>
2015-2016	<i>Top Doctor</i>	<i>Pasadena Magazine</i>
2015-2016	<i>Rising Star, Super Doctor</i>	<i>Super Doctors, Los Angeles, CA</i>
2011	<i>Cohen-Geller Award Outstanding Pediatric Otolaryngology Resident</i>	<i>Children's Hospital Los Angeles</i>
2008	<i>Alpha Omega Alpha</i>	<i>Keck School of Medicine Los Angeles, CA</i>
2008	<i>Merck Manuel Scholar</i>	<i>Keck School of Medicine Los Angeles, CA</i>
2005-2006	<i>Pathology Honors</i>	<i>Keck School of Medicine Los Angeles, CA</i>
2005	<i>Deans Recognition Scholar</i>	<i>Keck School of Medicine Los Angeles, CA</i>

TEACHING

DIDACTIC TEACHING:

<i>Keck School of Medicine</i>	<i>Introduction to Clinical Medicine- Head and Neck Physical Examination Course</i>	<i>Course Director</i>
<i>2015-present</i>		
<i>Department of Otolaryngology</i>	<i>Laryngology Dissection Course- Thyroplasty, Tracheal Resection</i>	<i>Instructor</i>
<i>2014-2016</i>		
<i>Department of Otolaryngology</i>	<i>Resident Laryngology Curriculum</i>	<i>Director</i>
<i>2017-present</i>		

CME COURSES:

<i>USC Voice Center, Keck School of Medicine</i>	<i>Stroboscopy and FEES Course</i>	<i>Instructor</i>
<i>2016-2018</i>		

Research Study
Club- Midwinter
Meeting

Otolaryngology Update

Program Chairman and Presenter

Jan 2016, Jan 2017,
Jan 2018

MEDICAL STUDENT MENTORSHIP

2017 *Natalie Friedrichs*
2017 *Jacqueline Stoneburner*
2016-2017 *Margarita Popova*

RESIDENT MENTORSHIP

2017 -present *Liyang Tang*
2017- present *Paul Zheng*
2016-present *Caitlyn Bertelsen*

FELLOW MENTORSHIP

2018- 2019 *Bill Gao*
2017- 2018 *Brandon Kim*
2016-2017 *Hagit Shoffel*

SERVICE

DEPARTMENT SERVICE:

2018	<i>Search Committee Chair: General Otolaryngology</i>	<i>Department of Otolaryngology-Head and Neck Surgery, Keck School of Medicine</i>
2015-present	<i>Department Liason for Glendale/La Canada Satilites</i>	<i>Department of Otolaryngology-Head and Neck Surgery, Keck School of Medicine</i>
2017	<i>Department Representative: EHR Optimization</i>	<i>Department of Otolaryngology-Head and Neck Surgery, Keck School of Medicine</i>
2017	<i>Program Evaluation Committee</i>	<i>Department of Otolaryngology-Head and Neck Surgery, Keck School of Medicine</i>
2015	<i>Member, Resident Promotion Committee</i>	<i>Department of Otolaryngology-Head and Neck Surgery, Keck School of Medicine</i>

HOSPITAL/MEDICAL GROUP SERVICE:

<i>2017-present</i>	<i>Performance Improvement Committee</i>	<i>USC Verdugo Hills Hospital</i>
<i>2017-present</i>	<i>Clinical Practice Committee</i>	<i>USC Keck School of Medicine</i>

PROFESSIONAL SERVICE:

<i>2018-2019</i>	<i>Vice President</i>	<i>Los Angeles Society of Otolaryngology</i>
<i>2017-2020</i>	<i>Voice Committee</i>	<i>Academy of Otolaryngology</i>
<i>2018</i>	<i>ALA Post Graduate Committee</i>	<i>American Laryngologic Association</i>
<i>2017-2018</i>	<i>Program Coordinator</i>	<i>Los Angeles Society of Otolaryngology</i>
<i>2016-2017</i>	<i>Program Chair and Board Member</i>	<i>Research Study Club of Los Angeles</i>
<i>2016-2017</i>	<i>Secretary</i>	<i>Los Angeles Society of Otolaryngology</i>
<i>2016-present</i>	<i>Program Committee</i>	<i>Voice Foundation, Southern California Chapter</i>
<i>2015-2016</i>	<i>Treasurer</i>	<i>Los Angeles Society of Otolaryngology</i>

PROFESSIONAL SOCIETY MEMBERSHIPS:

<i>2017-present</i>	<i>American Laryngological Association- Post Graduate</i>
<i>2015-present</i>	<i>Voice Foundation</i>
<i>2014-present</i>	<i>Los Angeles Society of Otolaryngology</i>
<i>2011-present</i>	<i>American Academy of Otolaryngology</i>
<i>2011-present</i>	<i>Pacific Coast Otolaryngology Society</i>
<i>2005-2011</i>	<i>American Medical Women Society</i>
<i>2005-2011</i>	<i>American Medical Association</i>

RESEARCH AND SCHOLARSHIP

MANUSCRIPT REVIEW:

<i>2015-present</i>	<i>JAMA- Otolaryngology Head and Neck Surgery</i>
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MAJOR AREAS OF RESEARCH INTEREST

Research Areas

1. Airway Stenosis
2. Dysphagia

PUBLICATIONS:

JOURNAL ARTICLES:

Reder L, Bertelsen C, **O'Dell K**. Have *Laryngologists Found One More Disease to Treat With a Flexible Laryngoscope and a Needle?*-Reply. *JAMA Otolaryngol Head Neck Surg*. 2018 Apr 26.

Bertelsen C, Shoffel-Havakuk H, **O'Dell K**, Johns MM 3rd, Reder LS. *Serial In-Office Intralesional Steroid Injections in Airway Stenosis*. *JAMA Otolaryngol Head Neck Surg*. 2018 Mar 1;144(3):203-210.

Allensworth JJ, **O'Dell K**, Ziegler A, Bryans L, Flint P, Schindler J. *Treatment Outcomes of Bilateral Medialization Thyroplasty for Presbylaryngis*. *J Voice*. 2018 Jan 8..

Shoffel-Havakuk H, Lava CX, Hapner ER, **O'Dell K**, Reder L, Johns MM 3rd *The Singer's and the Clinician's Perspective on Vitamin B12 Treatment for Vocal Benefits*. *J Voice*. 2018 Jan 3. pii: S0892-1997(17)30462-9

Allensworth JJ, **O'Dell K**, Schindler JS *Bilateral vocal fold paralysis and dysphagia secondary to diffuse idiopathic skeletal hyperostosis*. *Head Neck*. 2017 Jan;39(1):E1-E3

Ahmed F, **O'Dell, K**, Peck J, Wax M, Milczuk H, *Pediatric Airway Reconstruction with a Prefabricated Auricular Cartilage & Radial Forearm Free Flap*. *Laryngoscope* 2015 Aug125(8)1979-1982

O'Dell, K *Pre-operative evaluation of the difficult airway and the perioperative Otolaryngology consult*. *Anesthesia Clin N Am* June 2015

Kokot, N, Mazhar, K, **O'Dell, K**, Huang, N, Lin, A, Sinha, U. Transoral robotic resection of oropharyngeal synovial sarcoma in a pediatric patient. *Int J of Pediatric Otolaryngology* 2013 (77) 1042-1044

O'Dell, K, Sinha, U. "Osteoradionecrosis" *Oral Maxillofacial Surg Clin N AM* 2011 (23): 455-464

JOURNAL ARTICLES IN PRESS:

O'Dell, K Hubanks, J "In office injection pharyngoplasty for velopharyngeal insufficiency after oropharyngeal cancer treatment" accepted to *Laryngoscope*

JOURNAL ARTICLES IN REVISION:

Shoffel-Havakuk, H, **O'Dell, K**, Johns, M, Reder, L, Popova M, Halperin, D, Lahav, Y "The Rising Rate of Non-Smokers among Laryngeal Squamous Cell Carcinoma Patients: Are We Facing a New Disease?" revisions submitted to *Laryngoscope*

JOURNAL ARTICLES SUBMITTED

O'Dell, K , Yu, A, Villegas B, Reder, L, "Efficacy and Safety of bougie self-dilation in head and neck cancer pharyngoesophageal stenosis" submitted to Dysphagia

BOOK CHAPTERS

O'Dell, K, Sinha, U. "Dystonias of the Oromandibular, Lingual and laryngeal areas" Book Chapter *Dystonia the many facets*. Editor: Rayond Rosales, Intech 2012

NATIONAL PRESENTATIONS:

Fall Voice Conference, Seattle, Washington <i>Rising Rate of Laryngeal Cancer in Non-Smokers, Are we facing a new disease?</i> Oral Presentation	Oct 2018
Fall Voice Conference, Seattle Washington <i>Voice Problems and Demands in a Population of Actors</i> Poster Presentation	Oct 2018
Fall Voice Conference, Seattle Washington <i>Treatment of Presbyphonia in an Interprofessional Voice Center</i> Poster Presentation	Oct 2018
Fall Voice Conference, Seattle Washington <i>Rumination Syndrome and the Role of the Laryngologist and Speech Pathologist</i> Poster Presentation	Oct 2018
Performing Arts Medicine Association Annual Meeting, Anaheim, California <i>Non-Laryngeal Surgery for Performers</i> Oral Presentation	July 2018
Performing Arts Medicine Association Annual Meeting, Anaheim, California <i>Vocal Health Truth and Myths</i> Panel Presentation	July 2018
Combined Spring Otolaryngology Meeting, National Harbor Maryland <i>In office Self Dilation for Pharyngoesophageal Stenosis with an intact larynx</i> Oral Presentation	April 2018
Combined Spring Otolaryngology Meeting, San Diego, California <i>In office Injection Pharyngoplasty for Acquired Velopharyngeal Insufficiency</i> Poster Presentation	April 2018
Combined Spring Otolaryngology Meeting, San Diego, California <i>Unclogging the Drain, Rare Complication</i> Poster Presentation	April 2018
California Speech and Hearing Association, Sacramento, California	April 2018

Interprofessional Management of Vocal Fold Lesions
Panel Presentation

Fall Voice Conference, Washington, D.C. <i>Serial In-Office Steroid injections for Subglottic/Proximal Trachea Stenosis</i> Oral Presentation	Oct 2017
Combined Spring Otolaryngology Meeting, San Diego, California <i>Serial In-Office Steroid injections for Subglottic/Proximal Trachea Stenosis</i> Poster Presentation	April 2017
Fall Voice Conference, Scottsdale Arizona <i>Serial In office Steroid injections for Granulomatosis with Polyangitis</i> Poster Presentation	Oct 2016
Combined Spring Otolaryngology Meeting, Chicago Illinois <i>Serial In office Steroid injections for Granulomatosis with Polyangitis</i> Poster Presentation	April 2016
Fall Voice Conference, Pittsburgh, Philadelphia <i>Bilateral Thyroplasty for Presbylarynges Voice Outcomes</i> Poster Presentation	Oct 2015
Combined Spring Otolaryngology Meeting, Boston, Massachusetts <i>Bilateral Vocal Fold Paralysis, Airway Obstruction and Dysphagia associated With Diffuse Idiopathic Skeletal Hyperostosis</i> Poster Presentation	April 2015
Combined Spring Otolaryngology Meeting, Boston, Massachusetts <i>Operative Maxillofacial Trauma</i> Poster Presentation	April 2015
American Academy of Otolaryngology Annual Meeting, Orlando Florida <i>Airway and Voice Outcomes after Transverse Posterior Cordotomy for Bilateral Vocal Fold Paralysis</i> Oral Presentation	Sept 2014
Combined Spring Otolaryngology Meeting, Las Vegas Nevada <i>Pediatric Airway Reconstruction with a Prefabricated Auricular Cartilage & Radial Forearm Free Flap.</i> Poster Presentation	April 2014
Triological Society Meeting, Scottsdale, Arizona <i>Silicone tracheal stenting for voice rehabilitation in poor surgical candidates</i> Poster Presentation	Jan 2013
Combined Spring Otolaryngology Meeting, San Diego, California <i>Transoral robotic resection of oropharyngeal synovial sarcoma in a pediatric patient</i> Poster Presentation	April 2012
Pacific Coast Otolaryngology Society Meeting, Oahu, Hawaii	June 2011

INVITED PRESENTATIONS/LECTURES

“The Difficult Airway; The Otolaryngologist Perspective” Anesthesia Grand Rounds	December 14, 2018
“Dysphagia” Glendale Memorial Hospital Grand Rounds	February 26, 2018
“Aging Voice” Glendale Memorial Hospital Grand Rounds	August 26, 2016
“Treatment of Tracheal Stenosis” Caruso Dept of OtoHNS , Grand Rounds	July 17, 2016
“Laryngeal Imaging” Caruso Department of Otolaryngology CME Course	March 19, 2016
“Chronic Cough” Pacific Coast Otolaryngology Society Meeting	June 25, 2015
“ Esophagoscopy for the Otolaryngologist” Pacific Coast Otolaryngology Society	June 25, 2015
“Transnasal Esophagoscopy” Grand Rounds Keck School of Medicine	Nov 24, 2014
“Hoarseness and its many causes” CME Lunch Series Verdugo Hills Hospital	Sept 28, 2014
“Esophageal Pathology” Grand Rounds Oregon Health Sciences	June 12, 2014
“Spasmodic Dysphonia” Rush University Medical Center	January 23, 2014
“Care of Professional Voice” Grand Rounds Keck School of Medicine	March 22, 2013
“Laryngeal Transplantation” Grand Rounds Keck School of Medicine	April 13, 2012