

Vincent X Grbach MD

Brief Bio

Vincent X Grbach MD joined the USC Division of Pulmonary Critical Care and Sleep Medicine in November 2016 and is currently the Medical Director of the Sleep Disorders Center and Program Director of the Sleep Fellowship. Dr Grbach is an alumnus of the University of Pittsburgh School of Medicine (Class of 1989.) He started his medical career in the US Army and served 23 years as an Army Physician. He trained in Internal Medicine at Tripler Army Medical Center and in Pulmonary Critical Care and Sleep Medicine at San Antonio Military Medical Center. Since 2015 he has practiced Sleep Medicine exclusively and his interests are Insomnia and non-PAP Therapy for Sleep Apnea.