

Adam D. Rubin, M.D.

Adam D. Rubin, M.D. is a laryngologist, director of the Lakeshore Professional Voice Center, and Vice-President of the Lakeshore Ear, Nose & Throat Center. Dr. Rubin has had a life-long passion for the human voice. Before attending medical school, he was a professional actor and singer and performed in musicals and plays at off-Broadway and regional theaters, as well as in a national tour. He is passionate about treating patients with all voice disorders including those with vocal fold masses, vocal fold paralysis and paresis, spasmodic dysphonia, laryngeal tremor, dysplasia, and early glottic carcinoma.

Dr. Rubin started directing the Lakeshore Professional Voice Center in 2004, after completing a fellowship in Laryngology and Care of the Professional Voice under the direction of Robert T. Sataloff, M.D., D.M.A., at the American Institute for Voice and Ear Research. He graduated *summa cum laude* from Yale College and received his medical doctorate from Harvard Medical School. He is a Professor at the Oakland University William Beaumont School of Medicine and Clinical Professor at Michigan State University.

Dr. Rubin has written numerous scientific articles and book chapters and is a frequent speaker at national and international meetings. He is a member of the American Academy of Otolaryngology, American Laryngological Association, Triological Society, and American Broncho-Esophagological Association. He is the author of **The Vocal Pitstop: Keeping Your Voice On Track**, a concise, easy to understand handbook to provide the performer and serious voice user with the tools and tips necessary for voice and career preservation. Ron Livingston called his book, “the definitive owner’s manual for the professional voice,” and renowned singing teacher and voice pathologist Joan Lader described it as, “a book that should be on every singer’s bookshelf.”

Dr. Rubin loves teaching and mentoring medical students and residents. One of his biggest joys is hosting an annual World Voice Day concert in which he and many of his patients sing and celebrate voice recovery. You can view many of the performances on The Lakeshore Voice Center YouTube video channel.